

# CONNECT2HELP



**Need help, but not sure where to turn?**

**Connect2Help can help!**

- Food
- Education
- Disaster Assistance
- Housing
- Clothing
- Hispanic Outreach
- Health Care
- Shelter
- Holiday Assistance
- Employment
- Volunteering
- Suicide Prevention
- Support Groups
- Legal Aid
- Mental Health Services

**To begin a free, confidential conversation,**

**Dial 317-926-HELP (4357) 24 hours a day**

**To search for resources on your own, visit:**

**[www.Connect2Help.org](http://www.Connect2Help.org)**

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